



Dr Manfred Böhmer

Psychiatrist

Rooms 16 & 17 Vista Clinic

(012) 664 0222 x 326

(012) 748 9112

Special interests: Mood, anxiety, psychotic and personality disorders

Qualifications: MBChB (Pret), MMed (Psych) (Pret) (cum laude), FC Psych (SA), PhD (Psych) (Pret)

I have worked in private practice as a psychiatrist for fourteen years. To gain overseas experience, I also worked for a short period as a consultant psychiatrist in England. I was furthermore employed by the University of Pretoria for 12 years, initially to develop psychiatric services in Mpumalanga, and later to lead the Firm for Mood, Anxiety and Personality Disorders at the Department of Psychiatry, Weskoppies Hospital (the main academic psychiatric hospital of the University of Pretoria). Part of my duties was the restructuring of the psychotherapy training of psychiatric registrars (doctors specialising in psychiatry). I completed my PhD in 2015 on the topic of therapeutic relationships. In February 2018 I resigned from my post as adjunct professor at the University of Pretoria and joined Vista Clinic to focus on what is important to me, namely patient care.

My main interests are mood, anxiety, psychotic and personality disorders. Of importance to me is following a holistic and person-centred approach. This includes a special interest in psychotherapy, guided by a spiritual stance towards life's questions. Linked to my interest in psychotherapy was the attaining of my PPL (private pilot licence) a few years ago. There are many similarities between psychotherapy and learning to fly guided by an instructor. My eie lewenservarings is belangrik in die werk wat ek doen.

